

WHAT IS HIGH BLOOD PRESSURE?

High blood pressure (HBP or hypertension) is when your blood pressure, the force of your blood pushing against the walls of your blood vessels, is consistently too high.

CAUSES OF HIGH BLOOD PRESSURE

This change may cause your body's blood pressure to increase. Environment: Over time, unhealthy lifestyle choices like lack of physical activity and poor diet can take their toll on your body. Lifestyle choices can lead to weight problems. Being overweight or obese can increase your risk for hypertension

SYMPTOMS OF HIGH BLOOD PRESSURE

- Severe headache.
- Fatigue or confusion.
- Vision problems.
- Chest pain.
- Difficulty breathing.
- Irregular heartbeat.
- Blood in the urine.
- Pounding in your chest, neck, or ears.

NEUROTHERAPY TREATMENT

- General treatment
- If along with high B.P., digestive system is disturbed, then give,
Normal
(6) Gas Only
(2) S4-S5
(4) Ku

Note: This treatment is not to be given to diabetics and patients with acidity.

- When systolic B.P. is more, then give,
Chole treatment formula
OR
(30) Medulla
- If diastolic pressure is more, then give to heart patients.
P – Heparin - to inhibit production of renin

Note: In Idiopathic

- When both systolic and diastolic B.P. are on higher side, then give,

- (7) Mu^0
- (7) Liv^0
- (10) Round arrow
- (8) Ch only