

WHAT IS BURSITIS?

Shoulder



Bursitis is a painful condition that affects the joints. Bursae are fluid-filled sacs that act as a cushion between bones, tendons, joints, and muscles. When these sacs become inflamed it is called bursitis. Tennis elbow is one type of bursitis

TYPES OF BURSITIS

- Anterior Achilles tendon bursitis.
- Posterior Achilles tendon bursitis.
- Hip bursitis.
- Elbow bursitis.
- Knee bursitis.
- Kneecap bursitis.

CAUSES OF BURSITIS

An injury can irritate the tissue inside the bursa and cause inflammation. Doctors say that bursitis caused by an injury usually takes time to develop. The joints, tendons, or muscles that are near the bursa may have been overused. Most commonly, injury is caused by repetitive movements.

SYMPTOMS OF BURSITIS

- Disabling joint pain.
- Sudden inability to move a joint.
- Excessive swelling, redness, bruising or a rash in the affected area.
- Sharp or shooting pain, especially when you exercise or exert yourself.
- A fever.

NEUROTHErapy TREATMENT

First Treatment

Inflammation treatment formula

Second treatment	(8)	Pan
	(3)	Gal
	(7)	Mu ⁰
	(3)	Acid
	(6)	Adr