

WHAT IS SINUSITIS?



Sinusitis is a common condition in which the lining of the sinuses becomes inflamed. It's usually caused by a viral infection and often improves within two or three weeks. The sinuses are small, air-filled cavities behind your cheekbones and forehead

TYPES OF SINUSITIS

- Acute sinusitis usually starts with cold like symptoms such as a runny, stuffy nose and facial pain. It may start suddenly and last 2 to 4 weeks.
- Sub acute sinus inflammation usually lasts 4 to 12 weeks.
- Chronic inflammation symptoms last 12 weeks or longer.
- Recurrent sinusitis happens several times a year.

CAUSES OF SINUSITIS

Chronic sinusitis. Chronic sinusitis can be caused by an infection, growths in the sinuses (nasal polyps) or by a deviated septum. Signs and symptoms may include nasal obstruction or congestion that causes difficulty breathing through your nose, and pain and swelling around your eyes, cheeks, nose or forehead.

SYMPTOMS OF SINUSITIS

- Sinus pressure behind the eyes and the cheeks.
- A runny, stuffy nose that lasts more than a week.
- A worsening headache.
- A fever.
- Cough.
- Bad breath.
- Thick yellow or green mucus draining from your nose or down the back of your throat (postnasal drip)
- Fatigue.

NEUROTHERAPY TREATMENT

First treatment

Inflammation treatment formula

Second treatment

(8) Pan
(3) Gal
(3) Acid
(6) Adr
(6) Stretch

(6) Lu + Sh