

WHAT IS IODINE

Iodine is a chemical element with symbol I and atomic number 53. The heaviest of the stable halogens, it exists as a lustrous, purple-black non-metallic solid at standard conditions that sublimes readily to form a violet gas

TYPES OF IODINE

Iodine in food and iodized salt is present in several chemical forms including sodium and potassium salts, inorganic iodine (I₂), iodate, and iodide, the reduced form of iodine

REASONS OF IODINE DEFICIENCY

Getting high levels of iodine can cause some of the same symptoms as iodine deficiency, including goiter (an enlarged thyroid gland). High iodine intakes can also cause thyroid gland inflammation and thyroid cancer.

SYMPTOMS OF IODINE

1. Swelling in the Neck
2. Unexpected Weight Gain
3. Fatigue and Weakness
4. Hair loss
5. Dry, Flaky Skin
6. Feeling Colder Than Usual
7. Changes in Heart Rate
8. Trouble Learning and Remembering
9. Problems During Pregnancy
10. Heavy or Irregular Periods

NEUROTHErapy TREATMENT

Black treatment formula