

WHAT IS VITAMIN B₅

Pantothenic acid, also called vitamin B₅, is a water-soluble vitamin. Pantothenic acid is an essential nutrient. Animals require pantothenic acid in order to synthesize coenzyme-A, as well as to synthesize and metabolize proteins, carbohydrates, and fats. The anion is called pantothenate.

CAUSES OF VITAMIN B₅

A derivative of pantothenic acid called pantethine is being studied to see if it may help lower cholesterol levels in the body. Vitamin B₅ deficiency is rare, but may include symptoms such as fatigue, insomnia, depression, irritability, vomiting, stomach pains, burning feet, and upper respiratory infections.

SYMPTOMS OF VITAMIN B₅

Vitamin B₅ deficiency is rare, but may include symptoms such as fatigue, insomnia, depression, irritability, vomiting, stomach pains, burning feet, and upper respiratory infections.

NEUROTHERAPY TREATMENT

Treatment Black treatment formula