

## **WHAT IS NARCOLEPSY?**

A condition characterized by an extreme tendency to fall asleep whenever in relaxing surroundings.

## **TYPES OF NARCOLEPSY**

- Narcolepsy Type 1 – This type of narcolepsy involves a combination of excessive daytime sleepiness and one or both of the following: ...
- Narcolepsy Type 2 – This type of narcolepsy occurs when you have continuous excessive sleepiness but no cataplexy.

## **CAUSES OF NARCOLEPSY**

Many cases of narcolepsy are thought to be caused by a lack of the brain chemical hypocretin (also known as orexin), which regulates sleep. This deficiency is thought to result from the immune system mistakenly attacking parts of the brain that produce hypocretin.

## **SYMPTOMS OF NARCOLEPSY**

- Excessive daytime sleepiness. The primary symptom of narcolepsy is excessive daytime sleepiness. ...
- Hallucinations. Some patients with narcolepsy have vivid hallucinations at sleep onset. ...
- Sleep paralysis. ...
- Disturbed night time sleep. ...
- Memory problems. ...
- Sudden loss in muscle tone (cataplexy)

## **NEUROTHERAPY TREATMENT**

- (8) Th + Ch
- (3) Thyroid